

About us

Eat Italy Egypt is specialized in Import and export of high quality Traditional Egyptian Food Products in/to Italy.

We grow, process, and pack a wide range of vegetables & fruits in fresh and preserved format, exporting to markets worldwide. Only high-quality vegetables and fruits are accepted in our plant and sorted to ensure the best quality from our farms directly to you.

We can guarantee mass export of any required amount with very high quality at a very competitive price. Our experience and qualifications allow us to serve our worldwide customers professionally in a unique and friendly approach, providing outstanding quality, product variety, services, competitive prices, and delivery. We do guarantee mass export of any required amount at a very reasonable time frame.

Contact us today to manage your order to stop worrying about the products, and put the focus back on your business.



Navel Oranges





One large navel orange can provide up to 100% of the recommended daily intake of vitamin C which is beneficial for the repair and growth of body tissue. Navel oranges are also a good source of potassium, which helps lower blood pressure and reduce the risk of heart disease.

Season	Carton Net Weight	Sizes	Carton / pallet	Pallet / container	Carton / container	Container Net Weight / ton
From	15 KG - Open Top Carton	48 - 56 - 64 - 72	65	20	1,300	19,500
December till end of	10 110 101000P.0	48 - 56 - 64 - 72 - 80 - 100	80	20	1,600	24,000
March 8 KG -Telescop Carton	8 KG -Telescopic Carton	48 - 56 - 64 - 72 - 80 - 100	132	24	3,168	25,344

Valencia Oranges





Valencia oranges are sweet and juicy. They have a balanced sweet-to-tart flavor ratio that carries over to their juice. Valencia oranges are believed to be a hybrid cross of pomelos and mandarins, which explains their sweetness.

Season	Carton Net Weight	Sizes	Carton / pallet	Pallet / container	Carton/ container	Container Net Weight / ton
Enous	15 KG - Open Top Carton	48 - 56 - 64 - 72	65	20	1,300	19,500
February	15 KG - Telescopic Carton	48 - 56 - 64 - 72 - 80 - 100	80	20	1,600	24,000
till June	8 KG -Telescopic Carton	48 - 56 - 64 - 72 - 80 - 100	132	24	3,168	25,344

Lemon Atalia





Lemons contain about 50 milligrams of vitamin C, which is over half the amount of vitamin C needed in your daily diet. Vitamin C is an antioxidant, which helps protect cells from damage. Vitamin C also helps your body make collagen for your skin, helps your body absorb iron, and supports your immune system.

Season	Carton Net Weight	Sizes	Carton / pallet	Pallet / container		Container Net Weight / ton
From December	15 KG - Telescopic	80 - 88 -100 - 105 - 113	80	20	1,300	24,000
till March	Carton	125 - 138 - 165	00	20	1,500	24,000





Strawberries are rich in vitamin C and other antioxidants, which help reduce the risk of serious health conditions like cancer, diabetes, stroke, and heart disease. It's also an excellent source of Magnesium.

Season	Available Varieties	Carton Net Weight	Sizes / diameter	Carton / pallet	Pallet / container
		2.27 KG	25-35mm	10 punnets*227gm	40*60*6.5CM
From mid of November till	Festival	2.5 KG	25-35mm	10 punnets*250gm	40*60*6.5CM
end of April		2 KG	25-35mm	8 punnets*250gm	32*59*6CM
		4.8 KG	25-35mm	12 punnets*400gm	40*60*13CM

Onions

Onions are loaded with plant chemicals including flavonoids, which have both an antioxidant and anti-inflammatory effect. When consumed regularly and in sufficient quantity, these compounds may help protect against chronic conditions such as cancer.

Season	From April till August
Sizes	40 - 50 - 60mm - 60 up
Packaging	8, 10, 20 and 25 KG Mesh bags on wooden pallets or without pallets
No. of pallets/Container	Without pallets
Total No. of bags / Container	1,450 bags
Container Net Weight/ton	29,000 Kgs



Eat Italy







The potato is about 80% water and 20% solids. An 8 ounce baked or boiled potato has only about 100 calories. The average American eats about 124 pounds of potatoes per year while Germans eat about twice as much.

Season	Carton Net Weight	Sizes	Bags / Pallet	Pallet / container	Bags / container	Container Net Weight / ton
From	10 KG Bag	45 - 55mm - 60 up	135	20	2,700	27,000
January	20 KG Bag	45 - 55mm - 60 up	70	20	1,400	28,000
till June	25 KG Bag	45 - 55mm - 60 up	65	18	1,170	29,250

Garlic



Garlic offers an immune system boost to help prevent colds and the flu virus. Children get six to eight colds each year, while adults get two to four. Eating raw garlic can protect against cough, fever, and cold illnesses.

Season	From January till April
Sizes	40 - 45 - 50 - 55 - 60 - 65mm up to 80mm
Packaging	Open top & Telescopic Carton, Net - Bag, Mesh bag and Plastic box
No. of pallets/Container	20 wooden pallets
Net Weight/ton (Carton)	18,000 Kgs
Net Weight/ton (Nets)	20,000 Kgs



Pepper



Pepper is a good source of Vitamin B6 and magnesium, both of which play an important role in maintaining the normal function of the nervous system. Thus, this can relieve anxiety and manage panic attacks. Additionally, magnesium in capsicum may help relieve muscle tension caused by anxiety.

Season	From December till June
Variety	Colored Pepper (Red-Yellow-Green)
Sizes	250gm - 350gm - 450gm - 500gm - 1kg
Packaging	4.5kg, 5kg in Open top carton or Plastic box
Total No. of bags / Pallet	80 cartoon







Mango is the national fruit of egypt which is loved by one and all. It is a very juicy, pulpy and luscious fruit. Ripe mangoes can either be consumed raw or in the form of salad, juice, jams, milkshake or pickles. Mango is a rich source of various vitamins and minerals.

Season	Carton Net Weight	Variety	Carton / pallet	Pallet / container	Carton/ container	Container Net Weight / ton
From June till November	5 KG Carton	Sedika – Ewais – Alphonso – Zebdia – Fagr Klan	180	20	3,600	18,000

Pomegranates





Pomegranates are rich in antioxidants and flavonoids, both of which are known to prevent free radicals from damaging your cells. In some studies, pomegranates show potential in preventing prostate, breast, lung, and colon cancers.

Season	Carton Net Weight	Sizes	Carton / pallet	Pallet / container		Container Net Weight / ton
From August till November	4.5 KG Open top Carton	8 - 9 - 10 - 11 - 12 - 13 - 14 - 15	180	20	3,600	16,200





Guava trees are native to tropical America and are grown in tropical and subtropical areas worldwide. Guava fruits are processed into jams, jellies, and preserves and are common pastry fillings. Fresh guavas are rich in vitamins A, B, and C; they are commonly eaten raw and may be sliced and served with sugar and cream as a dessert.

Season	Carton Net Weight	Sizes	Carton / pallet	Pallet / container		Container Net Weight / ton
From June till November	5 KG Carton	45 - 55mm - 60 up	180	20	3,600	18,000



	DEC	
Pickles JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV		
Turnip V V		
Onions V V V		
Cucumber		
Pepper V V		
✓ Mexican Pepper		
Green Olives V V V		
Kalamata Olives V V		
Spanish Black Olives	٧	
Ashia Cucumber V V v		
Lemon V V v		

Vegetables



	Raw Material		ide										REX ITALY
	Vegetables		FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ОСТ	NOV	DEC
	Green Peas	٧	٧	٧	٧							٧	٧
	Green Beans Winter										٧	٧	٧
201	Grean Beans Summer				٧	٧	٧						
	Molokhia					٧	٧	٧	٧	٧			
	Okra					٧	٧	٧	٧	٧			
13 Contract of 19 Con	Vine Leaves				٧	٧	٧						
	Spinach	٧	٧									٧	V
	Colcassia	٧	٧									٧	٧
	Artichoke	٧	٧	٧	٧								
mmn de	Carrots	٧	٧	٧	٧								٧
8	Beans Broad	٧	٧	٧	٧								



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Pomegranate



Strawberry



Mango



Pumpkin



Orange



Apricot



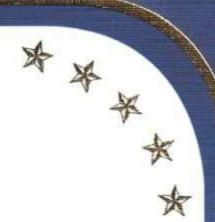
Guava



Fiç

JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
								V	٧	V	
٧	٧	٧	٧	٧							
	100	Mark	5 0	76		٧	٧	٧			
					v	٧					
	٧	٧	٧								
		•	W))	٧	٧						
				V	V			٧	٧		
								٧	٧		





CERTIFICATE

Eat Italy Egypt For Foodstuffs

Apartment 2, 4Th Floor, El Nada Tawer no.6, El Mariotia kilas Buildings, El Mariotia, El Harm, Giza - Egypt

Here in after called the company, the right to be listed in the directory of registed companies in respect of the services listed below. These servicess shall be offered by the BRILLIANT CERTIFICATION from only the above in complaince ISO 9001:2015 "Quality Management System"

ISO 9001:2015

Exporting of Agricultural Crops (Fresh - Powder - Dried) and Herbs, Medicinal Plants and Oils

THE CERTIFICATE IS VALID FOR THE ABOVE SCOPE OF OPERATIONS

EA Code:

29

Certificate Number:

EG-QMS-2148

Certification Cycle Expire Date: 29-Aug-2026

Originally Registered:

30-Aug-2023

Certificate Latest Issue Date: 30-Aug-2023

Certificate Valid Until: 29-Aug-2024









The actual status of this certificate is always displayed at: www.brilliantcert.com





IFNAS- India Islamic Food & Nutrition Awareness Society



IFNAS- India IFNAS-

In association with

QACS International Pvt. Ltd.

Emails: info@ifnas.org, info@gacsworld.com Websites: www.ifnas.org, www.gacsworld.com

Certificate of Veg Halal Products

This is to certify that the products described below are produced in accordance with Islamic Guidelines and inspected by Islamic Food And Nutrition Society (IFNAS). The products contains HALAL - Ingredients and prepared as per Islamic way as described in Shariah Law, therefore fit and lawful for Muslim consumption.

COMPANY NAME: EAT ITALY EGYPT FOR FOODSTUFF

ADDRESS : EL NADA TOWER, APARTMENT NO. 2, FORTH FLOOR,

EL MARYOUTEIA BUILDINGS, CLASS (S), EL HARAM,

GIZA - EGYPT

OLIVE OIL, AROMATIC OILS, HERBS AND SPICES

PRODUCT (S) NATURE OF PRODUCT (S)

ORANGE, LEMON, PEPPER, GARLIC, ONION, FOOD PRODUCT ARTICHOKE, OLIVES, (FRESH, DRIED, POWDER)

Certificate Number: IFNAS-EG-HALAL-EI-1065

Certificate Issue Date: 13/09/2023 Validity One Year

Valid Upto: 12/09/2024 Renewable yearly

For Islamic Food & Nutrition Awareness Society

For QA Certification Services Pvt. Ltd

Haji Saeed Ahmed Secretary

Authorised Signatory









PRD N* 0290B REV.01 Signatory of EA, IAF and ILAC Mutual Recognition Agreements

ISO 17065 – ACCREDITED*

GLOBALG.A.P. COMPLIANCE FARMER CERTIFICATE

For Sub-scope: Fruits and Vegetables

Option 1 - Individual producer

According to Global GAP General Regulations

Integrated Farm Assurance Version 5.2 Feb. 2019

Issued to

EAT ITALY EGYPT FOR FOODSTUFF							
Abu Suwir, Second Field Army, Ismailia Governorate.							
Apartment 2 on the fourth floor-El Nada Tower No. 6-El Mariouteya class building, El Mariouteya Street- Al Haram – Giza – Egypt.							
4063651714005							
GG-ICERT-238-EG							
⊠Announced	□Unannounced						
	Abu Suwir, Second Field Army, Ismailia G Apartment 2 on the fourth floor-El Nada T El Mariouteya Street- Al Haram – Giza – Eg 4063651714005 GG-ICERT-238-EG						

Icert For Development Of Agriculture systems certifies that the above mentioned operation is complying with the GLOBALGAP General Regulations Integrated Farm Assurance (IFA) Version 5.2 Feb. 2019 as well as Fruits and Vegetables CPCC Version 5.2 Feb. 2019.

For the following crop (s):

Product names	GLOBALGAP Product Certificate NO.	Produce Handling	Harvest Included	Parallel Production / Ownership
Artichoke	00125- NTCKF-0002	No	Yes	No
Capsicum (pepper/chilli)	00125- NTCHN-0002	No	Yes	No
Garlic	00125- NTCKN-0002	No	Yes	No
Lemon	00125- NTCKK-0002	No	Yes	No
Olive	00125- NTCKT0002	No	Yes	No
Onion	00125- NTCHT-0002	No	Yes	No
Orange	00125- NTCHX-0002	No	Yes	No

Authorized by:

Date of Issue: 19/09/2023

Valid from: 19/09/2023 Valid to: 18/09/2024

Date of Certification Decision:19/09/2023

Stamp:



Eng. Ahmed Farahat, Chairman

GLOBALG.A.P.

*icert is accredited by ACCREDIA (Accreditation Body) under registration No. 290B for organic Scheme ICERT production standard

The current status of this certificate is always displayed on website: http://www.globalgap.org/search & http://www.icertdas.com

E-mail: info@icertdas.com & icert2020@gmail.com Tel. +2 02 37952015 / Fax: +2 02 37952016 & Mob. +201122772009 , 49 Bader El Deen Building, 12511, El Sheikh Zaied City, Giza Governorate, Egypt.

icert Administration System Form: ADM-220 Version 04



Exclusive Importer & Exporter of high-quality food products from/to Italy

Website

Facebook

Instagram









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